

## Suggested Resources

Below is a list of resources that will help you dig deeper into the topic preached about this morning:

Philip Yancey- *What's So Amazing About Grace?*

Mark Buchanan - *The Rest of God*

Lee Strobel - *The Case for Grace*

Max Lucado - *Grace: More Than We Deserve, Greater Than We Imagine*

## Suggested Bibles

We teach from the Bible on Sundays and encourage you to read the Bible throughout the week. Here are a few recommended versions of it:

### Quest Study Bible

"The Question and Answer Bible."

### NIV First-Century Study Bible

explore Scripture in its Jewish and early Christian context

### NIV Study Bible

contains over 20,000 study notes.

### Teen Life Application Study Bible

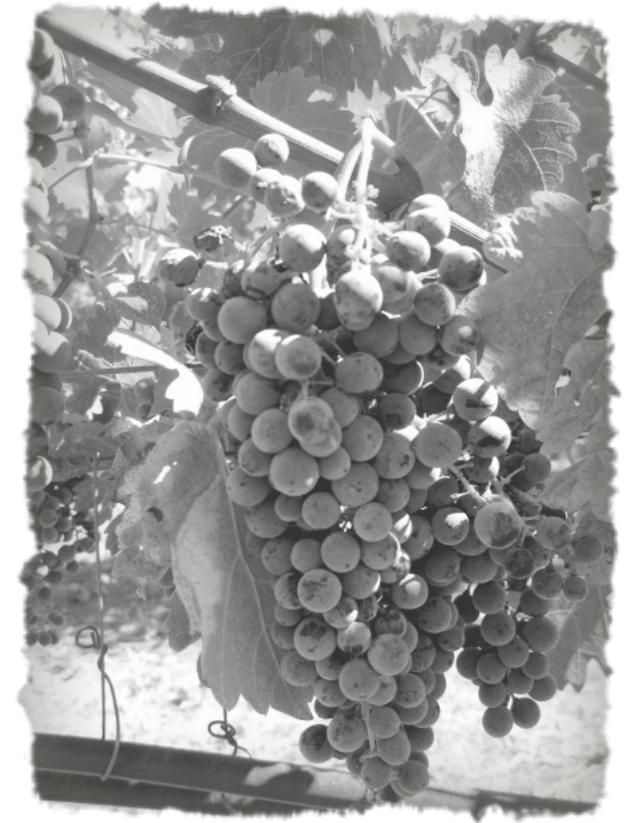
includes sections explaining what the Bible has to say about the questions and issues teens face in the Choices, I Wonder, Ultimate Issues, and My Story features.

### Kids Quest Study Bible

contains over 500 questions that kids ask, "Quest Challenges" to help you apply what you read and more!

**It's Black-and-White For a Reason...** One of our values is to be inwardly frugal so we can be outwardly generous. That's why this program is black-and-white and printed on plain paper. Printing them this way cuts our costs way down. So this program may not be fancy, but it gets the job done. This is one of the things we do that enables us to give away 23% of our budget to the poor and needy in our community and beyond.

THE **eastsidevineyard**<sup>®</sup>  
CHURCH



## Entering Into His Rest

January 15, 2017

**We want people to encounter God on Sundays and not just "go to church." That is why today's 75-minute service will include an in-depth Bible teaching, communion, worship (feel free to stand or sit as we sing), and an opportunity to receive 1-on-1 prayer.**

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# Entering Into His Rest

Terry Altman (core team member and key volunteer of The Eastside Vineyard)

Notes:

## Key Passage:

***There remains, then, a Sabbath-rest for the people of God; for anyone who enters God's rest also rests from their works, just as God did from his. Let us, therefore, make every effort to enter that rest... - Hebrews 4:9-11 (NIV)***

# Digging Deeper Questions

*In our fast-paced culture, it's easy to be impacted by the sermon you hear at church on Sunday... only to forget about it by Monday. To make this message "stick" we created these Digging Deeper Questions so you can process and apply what you heard at church. Take some time this week to go through these questions by yourself, in your small group, with a friend, your family, or your roommate.*

1. Icebreaker: What things do you like to do in the winter months? Have fun with this question!
2. Is there anything you heard in this week's sermon or experienced in this week's service that was an "a ha" moment, something significant for you?
3. Theologians describe God's love as "unconditional" (see 1 John 3:1, Psalm 136:1-3, Romans 5:8, Ephesians 3:17-19). Because of that, it has been said, "There is nothing you can do to make God love you more than He does right now... and there is nothing you can do to make Him love you any less." To what degree do you believe and agree with that statement? Do you struggle with it in any way? If yes, explain.
4. Do you feel always a little bit behind in your spiritual development, like you could (or should) be doing more? Explain.
5. Pastor Gordon MacDonald said, "The world can do almost anything as well as or better than the church. You need not be a Christian to build houses, feed the hungry, or heal the sick. There is only one thing the world cannot do. It cannot offer grace." What are your thoughts on this perspective?
6. In *What's So Amazing About Grace?* Philip Yancey writes, "Many years ago I was driven to the conclusion that the two major causes of most emotional problems among Christians are these: the failure to understand, receive, and live out God's unconditional grace and forgiveness; and the failure to give out that unconditional love, forgiveness, and grace to other people . . . We read, we hear, we believe a good theology of grace. But that's not the way we live. The good news of the Gospel of grace has not penetrated the level of our emotions." To what degree does your experience mirror what Yancey writes?
7. Read Psalm 46:10. This Psalm commands us to be still. To stop. To cease. To Sabbath. And as we do this to remember that we aren't God. God is God. What are some things you can do to put this verse into practice?
8. Read Hebrews 4:9-11. How might this sermon about entering into God's rest impact how you approach spiritual activities like Bible reading, praying, and serving the poor?